

# SOUTH PARK MIDDLE SCHOOL LUNCH MENU

## APRIL 2024

### What Makes A Meal?

A student must take 3 of the 5 components to make a meal under the National School Lunch Program.

1. Grains
2. Vegetables
3. Fruits
4. Dairy
5. Meat/Protein Alternative

A student must take a fruit or a vegetable.

### Meal Prices

SPMS Lunch Price     \$2.70  
 Reduced-Price Lunch     \$.40

Free & reduced-price meal applications available on [sparksd.org](http://sparksd.org)

### Reminders

PB&J Sandwich, Pizza, & Salads Are Entree Alternatives

A la carte items are not included with free or reduced-price meals.

### Daily Milk Choices

Low Fat White  
 Fat Free Chocolate

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>1</b>  <b>NO SCHOOL</b>	<b>2</b> Cheeseburger Salad Bar / Pizza / PBJ	<b>3</b> Chicken Alfredo w/ Breadstick Salad Bar / Pizza / PBJ	<b>4</b> Chicken Tenders Salad Bar / Pizza / PBJ	<b>5</b> Max Pizza Sticks Salad Bar / Pizza / PBJ	
	Baked Chips Baby Carrots w/ ranch	Peas	Potato Wedges	Broccoli Side Salad	
	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	
<b>8</b>  <b>EARLY DISMISSAL</b> <i>Grab 'n Go</i>	<b>9</b> Chicken Sandwich Salad Bar / Pizza / PBJ	<b>10</b> Pierogies Salad Bar / Pizza / PBJ	<b>11</b> Pancakes w/ Sausage Salad Bar / Pizza / PBJ	<b>12</b> Pepperoni Rolls Salad Bar / Pizza / PBJ	
	Baked Chips Baby Carrots w/ ranch	Mixed Vegetables Cucumber Slices	Hashbrown	Fresh Broccoli Side Salad	
	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	
<b>15</b> Mini Corn Dogs Salad Bar / Pizza / PBJ	<b>16</b> Soft Tacos Salad Bar / Pizza / PBJ	<b>17</b> Boneless Wings Salad Bar / Pizza / PBJ	<b>18</b> Philly Cheesesteak Salad Bar / Pizza / PBJ	<b>19</b> Soft Taco Salad Bar / Pizza / PBJ	
	Potato Smiles Baby Carrots w/ ranch	Lettuce, Salsa Beans	Celery Sticks	Peppers & Onions Black Beans	
	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	
<b>22</b> Deluxe Chicken Sandwich Salad Bar / Pizza / PBJ	<b>23</b>  <b>NO SCHOOL</b>	<b>24</b> Meatball Sub Salad Bar / Pizza / PBJ	<b>25</b> Chicken Nuggets Salad Bar / Pizza / PBJ	<b>26</b> Hot Dog Salad Bar / Pizza / PBJ	
		Baked Chips Baby Carrots	Baked Fries Celery Sticks	Corn	Baked Beans Goldfish Cracker
		Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk
<b>29</b> Cheeseburger Salad Bar / Pizza / PBJ	<b>30</b> Popcorn Chicken Salad Bar / Pizza / PBJ				
		Baked Chips Side Salad	Baked Chips Corn		
		Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk		